



SportCount Inc.
4340 East West Hwy. #401
Bethesda, MD 20814

SPORTCOUNT INSTRUCTION MANUAL – LAPCOUNTER MODEL (#90040)

Congratulations on your purchase of the **LapCounter** by SportCount. The LapCounter Model helps you count your laps or anything else. It can be used for swimming, walking, running, cycling, in-line and speed skating, or practically any activity where you need to count.

FEATURES

- ? Hands -free operation
- ? Automatic statistics
- ? Water-resistant to 50 meters

GENERAL INSTRUCTIONS

The SportCount LapCounter is easy to use. It's operated with one hand and doesn't interfere with the natural flow of exercise. You should take the time to try it before you jump into your exercise routine. Practice putting the LapCounter through its functions a few times. In most cases, you will want to wear the LapCounter on your index finger (either the right or left hand may be used). Make sure it is oriented so you can comfortably reach the button with your thumb.

PRACTICE SESSION

This section of the instructions takes you through a practice session.

POWER -UP

Press the larger button with your thumb to start the unit. On power-up the display shows all 8's for three seconds and then shows all 0's, signifying that your LapCounter is powered up and ready to use.

COUNT

Press the larger button to begin counting. The bottom display shows the time of day.

STOP

Upon completion of the final lap, hold down the smaller button for at least two seconds.

RESET

To reset back to zero, hold down the smaller button for at least two seconds. When you release the button the display will show "00' 00.00", ready for your next activity, just as it did when you turned it on in the beginning.

TURN OFF

Once reset, the Lapcounter automatically shuts off after about a minute of inactivity to preserve the battery.

SETTING THE CLOCK

In order to set the clock, hold down the smaller button for at least two seconds, thereby resetting it. You will notice that the hours begin to flash. Press the larger button to advance the hours until the desired hour appears in the display. Holding the button down advances the hours rapidly. Press the smaller button to lock in the hours.

Now the minutes will flash. Press the larger button to advance the minutes to the desired time. Press the smaller button to lock in the minutes. Press the smaller button to see the time you have set. If this is correct, press the smaller button to lock in the time.

SETTING THE CLOCK SUMMARY

Reset	Hold down Smaller Button for 2 seconds
Time of Day Mode	Hold down Smaller Button for 2 seconds
Advance Hours	Press Larger Button
Lock in Hours	Press Smaller Button
Advance Minutes	Press Larger Button
Lock in Minutes	Press Smaller Button
Review Time	Press Smaller Button
Lock in Time	Press Smaller Button

CARE OF YOUR SPORTCOUNT

WATER-RESISTANCE

SportCount is designed and manufactured to withstand the water pressure involved with normal swimming, but not diving. After swimming, please be sure to wash the SportCount with fresh water and clean it with a dry cloth before storage.

TEMPERATURE

Do not leave your SportCount under direct sunlight or in very high temperatures for a long time, or the display may become black. Do not leave your stopwatch in very low temperature as this may cause a slight time loss or gain and the change of digits becomes slow. In both cases the above conditions will be corrected when the SportCount returns to normal temperature.

SHOCKS

Be careful not to drop your SportCount or hit it against hard surfaces as it may cause mechanical damage.

STATIC ELECTRICITY

The integrated circuit in your SportCount can be affected by static electricity. If the static electricity is very strong a permanent damage can occur.

CHEMICALS

Do not expose your SportCount to solvents such as gasoline and alcohol, spray of cosmetics, cleaners, paints etc. as they may cause damage to the SportCount.

BATTERY CHANGE

When the display becomes dim or turned off, battery replacement is necessary. We recommend you to go to your dealer or to a qualified technician. Replace with Lithium battery CR1616 or equivalent.

LIMITED ONE YEAR WARRANTY

Your SportCount is warranted to be free from defects in material and workmanship for a period of one year from the date of purchase (unless otherwise specified below in Exceptions & Exclusions From Warranty). The following is important information concerning the coverage availability and applicability of the limited one year warranty and the procedure to be followed to obtain service. This warranty gives you specific legal rights, and you may also have other rights which vary from state to state.

Within the warranty period, your SportCount will either be repaired at the Service Center or, at our discretion, replaced with a new or refurbished SportCount.

EXCEPTIONS & EXCLUSIONS FROM WARRANTY

This warranty does NOT cover the battery, crystal, or band. Warranty service will not be provided if:

- ? there was damage while in the possession of the consumer not resulting from a defect of manufacture
- ? there was damage caused by tampering with or opening the instrument or by other than normal use
- ? repairs have been performed other than by qualified Service Center personnel.

SERVICE OR REPAIR

If your SportCount requires a service or repair, pack it securely and label "FRAGILE HANDLE WITH CARE", and send it to:

SportCount Service Center
4340 East West Highway, Suite 401
Bethesda, MD 20814

Questions?

SportCount Customer Service Center: (301) 961-5940

Email: SportCountinc@aol.com

Website: www.sportcount.com