



SportCount Inc.
4405 East West Hwy, Suite 309
Bethesda, MD 20814

INSTRUCTION MANUAL STOPWATCH MODEL (SW2 #90038, Yellow/White)

GENERAL INSTRUCTIONS

Congratulations on your SportCount Stopwatch purchase. The Stopwatch is easy to use. It's operated with one hand and doesn't interfere with the natural flow of exercise. You should take the time to try it before you jump into your exercise routine. Practice putting the Stopwatch through its functions a few times. In most cases, you will want to wear it on your index finger (either the right or left hand may be used). Make sure it is oriented so you can comfortably reach the button with your thumb.

PRACTICE SESSION

This section of the instructions takes you through a practice session. The figures illustrate what you should see on the display as you work through the paces.

POWER-UP

Press the button with your thumb to start the Stopwatch. On power-up, the display will show all "0's", which indicates that your Stopwatch is powered up and ready to use (Fig. 1).

The image at the top right corner of the display is the battery indicator showing the status of the battery inside. The filled in image  represents normal battery level and  indicates that the battery is close to the end of its useful life, and will need to be replaced soon.



Fig. 1

START

Press the button to begin timing. This will initiate the timer and running time will appear on the display. The numbers in the display refer to minutes, seconds, tenths and hundredths of seconds. For example, "19'22.35" in Fig. 2 indicates that nineteen minutes, twenty-two point three five seconds has elapsed since you pressed the button to begin your activity. When the timer reaches 1 hour, the display then changes to hours, minutes, and seconds. The hour bar will display at the top right corner.



Fig. 2

For example, in Fig. 3, when the time reaches one hour, forty-two minutes, and seventeen seconds, the display will read "1:42'17". The Stopwatch's maximum time is 23:59'59, after which the Stopwatch powers down.

STOP

To stop, press the button again. The elapsed time will freeze at that time. PLEASE NOTE: upon stopping, the time cannot be resumed (re-started). Upon pressing the button when stopped, the Stopwatch will automatically reset the time to zero, ready for the next timing event.



Fig. 3

RESET/ TURN OFF/SLEEP MODE

To reset the Stopwatch to zero, after the time is stopped, press the button once. The display shows "00'00.00". To start timing again, simply press the button a second time. You may also "double-click" the button during timing to very quickly stop the current timing session and begin timing anew from 0. Once reset, the Stopwatch automatically shuts off and goes into sleep mode after about 10 minutes of inactivity in order to preserve the battery. During the running mode, if the button is not pressed for 24 hours, the Stopwatch will automatically reset itself and turn the display off.

CARE FOR YOUR SPORTCOUNT

WATER-RESISTANCE

All Sportcount models are designed and manufactured to withstand the water pressure involved with normal swimming. After swimming, please be sure to wash the SportCount with fresh water and clean it with a dry cloth before storage.

TEMPERATURE

Do not leave your SportCount under direct sunlight or in very high temperatures for a long time, or the display may darken. Do not leave your SportCount in very low temperatures as this may cause a slight time loss or gain. In both cases, the above conditions will be corrected when the SportCount returns to normal temperature.

SHOCKS

Be careful not to drop your SportCount or hit it against hard surfaces as it may cause mechanical damage.

STATIC ELECTRICITY

The integrated circuit in your SportCount can be affected by static electricity. Avoid touching electronic devices, and be careful of clothing made of synthetic materials in dry weather that might create a strong static shock,

CHEMICALS

Do not expose your SportCount to solvents such as gasoline and alcohol, cosmetics, cleaners, paints, etc., as they may cause damage to the SportCount.

BATTERY CHANGE

Depending on use, your SportCount should last for at least one year before needing a battery replacement. When the battery indicator in the top right corner of the display lights up , or the display becomes dim or blank, battery replacement is necessary. We recommend you go to a qualified technician or contact SportCount Inc. to replace the battery with a Lithium battery CR2016 or equivalent.

LIMITED ONE YEAR WARRANTY

Your SportCount is warranted to be free from defects in material and workmanship for a period of one year from the date of purchase except as specified below. Within the warranty period, your SportCount will either be repaired at the Service Center or, at our discretion, replaced with a new or refurbished SportCount. This warranty does NOT cover the battery, crystal, or band. Warranty service will not be provided if there was damage while in the possession of the consumer not resulting from a defect of manufacture or there was damage caused by other than normal use.

SERVICE OR REPAIR

If your SportCount requires a service or repair, pack it securely and send it to:

SportCount Service Center
4405 East West Hwy, Suite 309
Bethesda, MD 20814

QUESTIONS?

Contact SportCount Customer Service at (301) 961-5940 or by email at info@sportcount.com.
You can also find useful information at our Website: www.sportcount.com

OTHER SPORTCOUNT MODELS

SportCount makes a variety of models that offer different counting and timing features to suit different applications and needs. They are all similar in size and can fit on your finger. Please visit our website for more information.

CALIFORNIA, USA ONLY
This Perchlorate warning applies only to primary CR(Manganese Dioxide) Lithium coin cells sold or distributed ONLY in California USA.
"Perchlorate Material-special handling may apply.
See www.dtsc.ca.gov/hazardouswaste/perchlorate."